

# MENTAL HEALTH

Program Code: S.MTL.CER

## Certificate

Graduation requirement — 5 semester hours

The Mental Health Certificate prepares students for entry-level jobs in social services and mental healthcare fields by training them to identify, understand, and respond to signs of mental health and/or substance abuse crises. Students will gain knowledge of the rules for mandated reporting of abuse/neglect of children and seniors, communicate with therapeutic language using a trauma-informed approach and other de-escalation techniques, maintain basic records, and comply with current privacy regulations. By training in this field, students will learn basic skills to engage the needs of mental health and social services clients and provide assistance to organizations and individuals providing treatment.

## Program Notes

- To register for the courses in this certificate, students must have current placement out of ENG 098.
- Upon completion of SOC 111, students will have the opportunity to be certified in Mental Health First Aid (MHFA).
- Upon completion of SOC 113, students will complete Illinois Department of Children & Family Services Mandated Reporter Training, Office of Inspector General Reporting, and learn formal Health Information Privacy rules to comply with confidentiality.
- To be considered for the certificate, students must complete both SOC 111 and SOC 113. When taking SOC 111, students must pass two case review assignments with a grade of 80% or higher, which are included in the course. SOC 111 includes all certification requirements for Mental Health First Aid.

## Required Program Courses (5 hours)

Cr. Hrs.

SOC 111	Mental Health First Aid.....	1
SOC 113	Mental Health and Social Service Skills.....	4

Total Semester Credit Hours

5